



Crisis Response and Intervention Training (CRIT)

Proposed Training Matrix*

Total Time: 40 hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M1 Welcome & Introduction to CRIT	M6 Trauma & Post-Traumatic Stress Disorder	M11 Personal Connections	M16 Scenario-Based Skills Training / De-escalation Communication Skills	M18 Scenario-Based Skills Training / De-escalation Scenarios
M2 Perceptions & Attitudes on Behavioral Health & Disabilities	M7 Intellectual & Developmental Disabilities		M17 Scenario-Based Skills Training / De-escalation Strategies	
M3 Prioritizing Officer Mental Health, Wellness, & Resilience			Break	
Break	Break	M12 Legal & Policy Topics	Break	Break
M4 Understanding Mental Health Conditions & Mental Illnesses	M8 Family & Peer Perspectives Panel	M13 Veterans	M18 Scenario-Based Skills Training / De-escalation Scenarios	M18 Scenario-Based Skills Training / De-escalation Scenarios
	M9 Suicide	M14 Working with People Experiencing Homelessness		
M5 Substance Use Disorders		M10 Neurocognitive Disorders		M15 Community Resources

*The training matrix may be tailored to accommodate the resources and schedules of the law enforcement agency and their mental health/disability service provider partners.

Gray boxes indicate lunch breaks and administrative tasks;

Orange boxes include the welcome and training overview;

Blue boxes indicate instruction on behavioral health and intellectual and developmental disability basics;

Green boxes indicate time set aside for community site visits and officer engagement with people with lived experiences and their families;

Purple boxes indicate instruction that focuses on community resources and viewpoints of different populations; and

Red boxes indicate scenario-based skills training and discussion of key legal and policy issues.